PREFACE

This report's goal is to examine dementia's definition and signs while illuminating how it affects both individuals and their families. We want to spread awareness and understanding about this common illness that affects a sizeable section of the world's population by examining the essential components of dementia.

In order to fully grasp dementia, a complicated illness marked by a decrease in cognitive ability that materially affects everyday functioning, this paper tries to give a thorough explanation of the condition. Dementia is a general word that refers to a number of underlying disorders or diseases that impair cognitive function rather than a specific disease in and of itself.

It is essential to remember that dementia can have a variety of causes, the most prevalent of which being Alzheimer's disease. However, the general landscape of this condition also includes other types of dementia, such as frontotemporal dementia, vascular dementia, and Parkinson's disease in the form of dementia.

For healthcare professionals, academics, carers, and everyone interested in learning more about dementia, this study is an invaluable resource. Our goal is to spread awareness and create understanding in order to encourage compassion, empathy, and better dementia care.

We would want to express our appreciation to the people and groups working on dementia care, support, and research. They have worked tirelessly to advance understanding and improve the lives of those who have dementia.

In this report, we will look at the main signs and symptoms of dementia, including memory loss, issues with language and communication, problems with judgement and problem-solving, confusion and disorientation, changes in mood and behaviour, as well as a decline in cognitive and motor skills. Understanding these symptoms is essential for dementia early identification and management since it enables prompt assistance and action.